

Include the following when creating a new page:

- (:robots index,nofollow:)
- (:description Blah blah description of what will appear on Google:)
- (:keywords the,words,people,will,use,to,search,and,get,on,the,page:)
- (:title This will appear on the sidebar and at the top:)%%
- !!!%red%{+The title of the page+}